

CVSS

Sailing for People with Disabilities

RADIO PROCEDURE

INTRODUCTION

CVSS has hand-held, portable radios that are used for communication between boats out on the lake and duty officers on shore.

Normally the leader, safety officer and boats' crews will have a radio. It may be appropriate for a buddy sailor to have a radio when accompanying a sailor with unpredictable medical needs eg the risk of a fit for which urgent medical attention is required

Radios are tuned to channel 35 and are fitted with a lanyard and bright orange float to aid visibility if accidentally dropped in the water. Lanyards are to be attached to the user's buoyancy aid at all times when in the boats.

USING THE RADIOS

To speak, press the transmit button and wait for a count of two before speaking.

Say the name or title of the person you are calling and repeat; then say who is speaking, repeat.

Say the message and "over" if a reply is required and "out" at the end of the message. Eg: "safety boat, safety boat, this is leader, leader; return to shore to collect a passenger, over".

Speak clearly and do not rush. Do not forget to say "out" when you have finished.

RADIO CHECK

It is good practice to carry out a radio check when first using the radio.

This is done by calling up as above and then using the words: "radio check, radio check, how do you hear me?"

The reply is: "loud and clear?" assuming of course that the call is audible.

RECHARGING

At the end of the sailing day, radios are to be returned to the storage cupboard and plugged into the recharging rack. Ensure the orange charging light is on.