

# SAFETY REGULATIONS

Registered Charity No. 1155165 www.cvssailors.org.uk

## SITE SAFETY REGULATIONS

CVSS operates within Bury Lake Young Mariners (BLYM) operations procedures. We need to draw your attention to a number of safety procedures.

#### **ACCIDENT AND FIRE PROCEDURES**

Any fire or accident must be reported to the person in charge as soon as is reasonably practicable.

Do not speak about the incident, regardless of the severity. All communications should come from the person in charge.

#### FIRE PROCEDURES

In the event of a fire, no person may re-enter the premises unless instructed to do so by the person in charge.

On hearing the fire alarm, the base should be evacuated immediately to the assembly point.

The ASSEMBLY POINT is the grass area near the BLYM car park.

### SAFETY PROCEDURES AND PRECAUTIONS

There may be occasions when the water needs to be evacuated. The general recall procedure is

6 BLASTS ON A WHISTLE

DISPLAYING A RED BALL SO THAT IT CAN BE SEEN FROM ALL PARTS OF THE LAKE.

All water based activities must cease and all craft must return to the jetty.

#### **CVSS SAFETY REGULATIONS**

- All CVSS members and leaders of groups of disabled visitors are to be made aware of the relevant contents of these regulations.
- 2. CVSS has a responsibility for the safety of people participating in their activities. The safety of disabled people while on site but not boating is the responsibility of themselves or their carers. This includes exposure to cold and sun requiring thought as to sun cream, hats and other clothing, remembering that it is generally cooler on the water than on land.
- 3. Supervision of the boating activity must be by a Leader experienced in sailing and dealing with the needs of disabled people. The instructions of the Leader must be followed.
- CVSS shall provide sufficient helpers to assist with boating to safely cope with the number of boats afloat.
- 5. CVSS shall ensure that safety boats and competent crew are available whenever CVSS are operational.
- 6. Sailing is permitted only in wind speeds below Force 5 (Force 5 represents a 'range' of 20-24mph or 17-21 knots. Sail area is to be reduced on the instruction of the Leader. (The Leader should err on the side of safety and give due consideration to rapid changes in the local weather.) If the leader is concerned by the wind speed then the hand held wind speed measure device is to be used to verify the wind is within limits..
- 7. Helpers should advise people to wear suitable clothing for the prevailing weather conditions.
- 8. All CVSS sailors who are independently mobile must wear buoyancy aids/life-jackets whilst they are on site. Sailors who are not independently mobile must wear buoyancy aids/life-jackets when they sail or canoe, are in proximity to the water, watching sailing or preparing to sail. Carers must wear buoyancy aids when they sail/canoe, when they are in proximity to the water and when they are supervising their group sailing.
- 9. The use of a hoist should be considered when a person has difficulty entering or leaving a boat. When a hoist is used, careful consideration should be given to the needs of the person hoisted and a suitable number of people should be present to assist. The weight limit for the hoist is 127Kgs (20 stones).
- 10. The pontoon hoist is to be operated and maintained in accordance with its manual. It should be inspected each time it is used and any fault observed should be reported immediately to the Leader on the day.
- 11. The pontoon hoists must be examined annually by a qualified person who shall issue a safety certificate.
- 12. All injuries occurring at CVSS activities must be fully recorded in an accident book.
- **13**. A qualified First Aider must be present whenever CVSS is operational on the water.
- 14. "Volunteers in whatever capacity do not accept responsibility for any loss, damage or injury suffered by persons and/or their property arising out of or during the course of their activities unless such loss, damage or injury was caused by or resulted from negligence or deliberate act."