

Make a difference
VOLUNTEER



CVSS is a local charity. We provide sailing and other lake activities for people of all ages with various disabilities.

We're staffed entirely by volunteers who enjoy the social experience, the friendship, the pleasure of sailing but most importantly — the rewards of helping others.

This could be you and — *We need your help!*

As a volunteer you'll welcome our disabled sailors, their parents and carers. You'll get to know them — helping them get the most from their experience. You'll help sailors into and out of boats, buddy sail, crew safety boats, maintain our equipment and help with fund raising and administration.

- You don't need any previous experience with disabled people or sailing as training is freely provided
- You'll simply just want to help

To find out more – visit our website at

cvssailors.org.uk

or telephone Elaine on 01923 826313

We sail Monday, Tuesday, Wednesday and Saturdays at The Aquadrome, Bury Lake in Rickmansworth

Next season starts on Monday 27th April 2015

