



# CVSS

Sailing for people with disabilities

**23 APRIL and 21 MAY 2020**

**10am until 3pm**



## VOLUNTEERS WANTED

CVSS is a local charity providing sailing and katanauing for people with disabilities based at BURY LAKE, THE AQUADROME, RICKMANSWORTH, WD3 1NB

Sailing May to mid-October on Monday, Tuesday, Wednesday & Saturday.

VOLUNTEERS are needed, all ages. Sailing experience is not essential.

Staffed entirely by volunteers who enjoy the social experience, the friendship, the pleasure of sailing but most importantly - the rewards of helping others.

## WE NEED YOUR HELP

To help sailors into and out of boats, buddy sail, crew safety boats, maintain our equipment. All training is freely provided.

**Come along to see what we do on**

**23 April and 21 May 2020 from 10.am until 3pm**

for a day out on the lake in our SAILING BOATS, POWER BOAT AND KATAKANUS.

Fresh air, safety equipment, instruction, tea, coffee and biscuits provided.

## IT'S FUN - COME AND JOIN US

**CONTACT: Email: [cvss@cvssailors.org.uk](mailto:cvss@cvssailors.org.uk) Phone: 07751 628750**



CVSS Charity No: 1155165

Proud holder of The Queen's Award to Voluntary Groups

