



INFORMATION FOR SAILORS (OR THEIR CARERS)

BUOYANCY AIDS

CVSS provides buoyancy aids for all sailors and buddy sailors. We are in consultation with RYA and Sailability concerning our provision of buoyancy aids/life jackets. At present we consider it may be advisable to offer some sailors life jackets. A life jacket rolls a person who falls into the water onto their back and provides head support. Those sailors who should consider a life jacket are those who are non-swimmers or those with significant lower limb disabilities.

Please indicate on your membership form if you are a sailor who may need to use a life jacket and also give your weight because jackets are graded by the weight of the wearer. (A note on the bottom of the form will be fine).

We may ask you to get a view from an occupational therapist in order to decide which aid/ jacket is most appropriate.

INFORMATION FOR SAILORS WHO REQUIRE THE ASSISTANCE OF THE HOIST TO BOARD THEIR BOAT

**THE WEIGHT LIMIT FOR THE CVSS HOIST IS
127 KGS (20 STONES).**

When you complete your CVSS membership form you are confirming that your weight **DOES NOT EXCEED** this if you need to use the hoist. If your weight increases to 127kg the **SHORE OFFICER** must be informed.